

# Real Change Experts

Turning frustration into prime performance

Karen Mathews, founder

A PERFORMANCE CONSULTING FIRM



## Karen Mathews

Ms. Mathews has developed powerful one-on-one and team processes that allows even the most resistant people to open up and cooperate to move the team forward. Everyone is more motivated and productive using the skills she helps them develop during team working sessions and coaching. She's achieved real results for Silicon Valley corporations in over 15 years of experience as a performance consultant.

### Examples of Client results:

- Converted a key employee from a bully to employee of the month through specialized coaching techniques.
- Retained a key executive in a start –up after the team completed a half day session.
- Decreased non-productive meetings by half, improved teaming to overcome tension and resistance that increased the quality output of merged engineering teams within 2 months after two years of struggle for Lockheed Martin.

### Endorsements:

"If you're looking to get your Leadership Team together for more than an 'event', call Karen Mathews and Associates. Karen works with you on both the front and back-ends to ensure you get measurable results. She listens, she understands, she makes it work for you."

Valerie Nicoletti  
Executive Vice President Wells Fargo Bank

"Karen Mathews delivered the National Association of Women Business Owner's board retreats which contributed in a large part to our chapter's overwhelming success. Thank you Karen."

Carla Cobb Davis  
President  
NAWBO Silicon Valley  
National Association of Women Business Owners

## OUR CLIENTS

NASA  
Lockheed Martin  
City of San Jose  
County of Santa Clara  
SE Laboratories  
IP Locks

Underwood & Rosenblum Surveying and Civil Engineering Co.  
Benchmark Environmental Engineering  
Pacific Ways  
National Association of Women Business Owners - Silicon Valley  
Design Response

